

Year 12 GCE PE – Curriculum map

Sept	October	November	December	January	February	Feb/March	April	May	June	July
1.1.c Energy for Exercise		1.1.a Joints, Movements, Muscles & Functional roles	1.1.a Analysis of Movement, contraction & during exercise	1.1.b Cardiovascular System	1.1.b Respiratory System	1.1.d (Until Easter) Environmental effects on body systems		1.3.a (Easter) Biomechanical principles	1.3.b Motion, fluid mechanics	1.3.c Projectile Motion
3.1 Emergence & Evolution of modern sport		3.1 Global Sporting Events	3.2 Ethics & Deviance,	3.2 Commerc'sation & media 3.2 Modern Technology		3.2 Routes to excellence	2.1 Stages of learning, Guidance,	2.1 Classification of Skills, types of practice	2.1 Transfer of skills, theories of learning	2.1 feedback, memory models
<i>EAPI - 1 Lesson per week working towards video evidence and Oral presentation</i>						<i>EAPI MOCK RUN COMPLETED</i>		<i>EAPI – 1 lesson per fortnight</i>		
Practical sessions for 1 st Half term	October – Progress test 1.1.a & 2.1	Practical sessions :	December – Progress test 1.1.b & 2.1	Practical sessions:	February – Progress test 1.1.c & 3.1		Practical sessions:	May – Progress test 1.1.D & 3.1	Practical sessions:	JULY Full year Mock test
Badminton Basketball Handball Volleyball		Badminton Basketball Handball Volleyball		Badminton Basketball Handball Volleyball			Tennis Cricket Athletics Table tennis		Tennis Cricket Athletics Table tennis	
<p>Homework Set by teacher as relevant rotating between:</p> <ul style="list-style-type: none"> • eRevision ZigZag/Everlearning (monitoring of progress and knowledge from topics taught, ONCE PER WEEK • EAPI coursework set and marked (Summative marking per half-term), ONCE PER HALF TERM • Everlearning past paper questions in preparation for progress tests to support revision and learning. AS SUITABLE FOR CLASS AND UPCOMING TEST • Attendance of extra-curricular clubs and training. REGULAR MONITORING 										

Year 13 GCE PE – Curriculum map

Sept	October	November	December	January	February	Feb/March	April	May	June
2.2 Individual differences	2.2 Confidence, efficacy, stress management	2.2 Goal Setting, Attribution		2.2 Group/Team dynamics, Leadership		1.2.a Diet & Nutrition, Ergogenic aids	1.2.b Aerobic, strength, flexibility training, Periodisation, lifestyle diseases	1.2.c Injury prevention & Rehabilitation	CLASS REVISION OF TOPICS
		<i>EAPI Log books & Video evidence (1 lesson/ fortnight)</i>		<i>EAPI (1 lesson/ fortnight)</i>		<i>EAPI Log books & Video evidence (1 lesson/ fortnight)</i>	CLASS REVISION OF TOPICS Skill Acq & Socio-Cultural		
Practical sessions for 1 st Half term	October – Progress test 2.1.a&b	Practical sessions :	December – Progress test 2.1.c	CLASS REVISION OF TOPICS:	February – Progress test 2.2			May – Progress test 2.3	
Badminton Basketball Handball Volleyball		Badminton Basketball Handball Volleyball		Skill Acq & Socio-Cultural				May Half Term Project to complete Section 6 of coursework	

Homework Set by teacher as relevant rotating between:

- **eRevision ZigZag/Everlearning (monitoring of progress and knowledge from topics taught, ONCE PER WEEK)**
- **EAPI coursework set and marked (Summative marking per half-term), ONCE PER HALF TERM**
- **Everlearning past paper questions in preparation for progress tests to support revision and learning. AS SUITABLE FOR CLASS AND UPCOMING TEST**
- **Attendance of extra-curricular clubs and training. REGULAR MONITORING**