

SAFEGUARDING MATTERS

Safeguarding news and updates for students, parents and staff of St Anselm's College

Volume 1 – Summer 2025

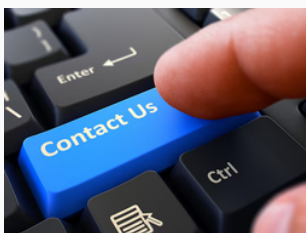
Welcome to the first edition of 'Safeguarding Matters' – a termly newsletter that draws together important safeguarding information.

In this edition we're bringing you a range of news and advice that may be relevant to your child with the summer holidays fast approaching. Other information may seem less relevant right now but may become more so in the future.

We do encourage you to explore all of the information provided to keep yourself informed of the latest trends and advice.

We hope that you find the information useful and thank you for working with us to protect young people. Have a safe summer!

Mr C Willis
Deputy Headteacher



Key contact for any safeguarding concerns over the summer holiday:
cwillis@st-anselms.com

In this issue...

- **Active Wirral Holiday Programme**
- **Summer Festivals & Gigs in the UK**
- **Water Safety**
- **Disordered eating**
- **Crimestoppers – 'Fearless'**
- **Liverpool City Region & the Nightlife Safety Charter**



Active Wirral Holiday Programme



Active Wirral Holiday Programme

Active Wirral Holiday Activities and Food programme provides a **friendly, safe and enjoyable environment for children and young people ages 8 to 15 years**. Within our sessions you will receive a **free meal, experience a wide variety of sports including Tennis, Badminton, Hockey, Cricket, Football, Basketball, Dance, Art Activities and Active Tag**. Energetic and professional coaches will be on hand to ensure the day is filled with enjoyment whilst being active and meeting new friends. Lunch is free.

HAF Holiday Activities are **free for children and young people who receive benefit related free school meals**. All free places have a meal included. If your child is not eligible for benefits related free school meals you may well find that some clubs offer **paid activities** too.

Who is this aimed at?

Recommended for **ages 8 to 15 years**

If your child has a **specific need**, we advise that you **contact the club directly** to ensure that your child's need can be met, or that the club can make **reasonable adjustments prior to attendance**. Even if the provider is SEND-specific, it's important to tell providers about your child's needs so they can be best looked after.

When

This takes place **during the Summer school holidays**. For details of dates and times, please see our **booking page**.

Where

Bidston Sports And Activity Centre, Valley Road, Bidston, Birkenhead, Wirral CH41 7EJ

How to get involved

Booking is essential. [Visit the Active Wirral Holiday Programme booking page on the Eegu website](#)

Wirral InfoBank has information on a wide range of support that is on offer over the summer.

- You can find information on clubs and activities
- community safety
- support for carers and parents
- special educational needs and disabilities
- young carers

And much more!

Visit

<https://www.wirralinfobank.co.uk/> for more information

You may also be interested in **Wirral Family Hubs** – places where families with children aged 0 to 19 (25 with SEND) can easily access a wide range of non-judgemental support to help them live well in Wirral.

They bring together maternity services, health visitors, infant feeding support, parenting support and activities for children aged 0 to 5.

Visit

<https://www.wirral.gov.uk/early-years-and-childcare/family-hubs> for more information



Summer Festivals & Gigs in the UK

As summer approaches and the exam season comes to an end, many of you will be heading out to **celebrate, travel, and take part in exciting events like festivals, concerts, and other social gatherings.**

Highlights include:

- Latitude Festival – Music, comedy and theatre featuring Fat Boy Slim, Sting and others (24th – 27th July)
- Kendal Calling – Family-friendly festival with acts like The Prodigy, Courteeners, and Sophie Ellis-Bextor (31 July–3 August)
- Rewind – 80s and 90s Legends such as Tony Hadley, Tiffany and Boyzlife (15th – 17th August)
- Edinburgh Fringe – The world's largest arts festival, featuring comedy, theatre, dance, and street performances (1–25 August)
- Reading and Leeds – Chappell Roan, Lola Young and others (21st – 24th August)

Festivals offer us a chance to discover new music and artists you might not hear anywhere else. They're also a great way to **meet new people** and mix with **different crowds**. Camping overnight pushes us out of our usual routines and comforts, helping us to build independence and confidence. Whether it's working out how to set up a tent or managing your own time and belongings, it's a valuable step toward learning responsibility.

That said, it's important that young people **know how to stay safe**: sticking with friends, keeping phones charged, and looking out for each other ensures the experience stays positive from start to finish.

This is your **well-earned time to relax**, but it's also important to **keep safety in mind**. Here's how you can enjoy the summer while taking care of yourself and your friends.

- Know your limits and don't feel pressured into anything
- Stay hydrated and eat throughout the day
- Know where security, first aid, your friends and help points are
- Use official transport or arrange a safe way home

Top tips...

Most festivals and major gigs are well-equipped to keep you safe and supported throughout the event. If you ever feel unwell, unsafe, or just need some help, here's where to go:

- **Welfare or First Aid tents** – these are staffed with trained professionals who can help with anything from minor injuries to emotional support
- **Security Staff & Stewards** – they can be found throughout the site in high-vis clothing. They're there to help and won't judge – speak to them if you feel unsafe or have concerns.
- **Safe Spaces** – many events now include quiet, secure spaces for anyone feeling overwhelmed, anxious, or in need of a break.
- **Info Points & Festival Apps** – use the event's map, app, or website to find water stations, exits, welfare areas and emergency contacts. Save the information in your phone before you go.
- **Friends & trusted contacts** – stay in groups when possible and agree on a meeting point in case you get separated. Always let someone know where you're going and when you plan to be back.



Spending time at the beach or near water is a great way to enjoy summer, whether it's a day at **West Kirby, New Brighton or The Albert Dock.**

However, it's important to remember that water can be **unpredictable**, so taking simple precautions helps keep everyone safe. Drowning can happen quickly and quietly, but by being careful and aware, we can all **enjoy the water safely**. Here are some easy water safety tips to keep in mind:

- Only swim in **designated safe areas** and where **lifeguards are present**
- **Never swim alone** -always have someone with you and stay close to family and friends
- **Avoid swimming** after drinking **alcohol** or if you're feeling **tired**
- Be cautious of **currents, tides, and cold water temperatures** even if the day feels warm
- Follow any **local signs, warnings and / or instructions** from lifeguards and beach staff
- Keep an eye on **younger children** and animals at all times near water

It is worth reminding your child of some water safety tips by watching [this animation](#). The video is appropriate for young children and the information within it is equally applicable to young adults.

Enjoy the water and have a great day, but staying safe means a worry-free experience for everyone!





Disordered Eating

This is a coping mechanism that some young people adopt during challenging periods. It is a mental health condition that can impact anyone.

This behaviour may involve restricting food intake, consuming large amounts of food in one sitting, using unhealthy methods to eliminate food (such as inducing vomiting, abusing laxatives, fasting or excessive exercise) or a combination of these.

How to talk to your child about Disordered Eating

Starting a conversation might seem difficult, so beginning with an observation might help e.g. 'I've noticed you're going to the gym a lot more lately, is everything ok?'

What to do if you think your child has Disordered Eating

It is important that your child knows you are there to support them and that the first step is to speak to your GP. It is important for you to inform College and to let your child know that this will be treated with confidentiality.

There is a lot of support for children who have Disordered Eating and it can be accessed [online here](#).

Referrals for the eating disorder service, including the FREED pathway are accepted from GPs and other medical practitioners. The service offers a range of evidence-based therapies including Cognitive Behavioural Therapy (CBT) and Cognitive Analytic Therapy (CAT), delivered in both individual and group settings.

To visit the FREED pathway website for more information, [click here](#).

ADVICE LINE CONTACT DETAILS

TELEPHONE

0800 145
6485

BIRCH CENTRE ADDRESS

BIRCH CENTRE
ST CATHERINE'S
HEALTH CENTRE
SITE
DERBY ROAD
BIRKENHEAD
CH42 0LQ



What is Fearless?

Fearless enables young people to pass on information about crime **100% anonymously**.

Fearless is the dedicated youth service of the independent charity **Crimestoppers**. We provide you with the opportunity to give information about crime 100% anonymously. You can give information to them using an **online form** or by calling Crimestoppers on **0800 555 111**. They cannot track your IP address or your phone number. They have no way of knowing who has contacted them.

After receiving your completed form or your call, they create a report, ensuring it doesn't contain any info that could identify you, and generate a report which is then sent on to the relevant authority with the legal responsibility to review the information that has been passed to them.

They are not the police. They are a **charity**. You **will not be contacted by the police** after passing information on to Fearless as the police have no way of knowing who the information has come from.

How to talk to young people about reporting crime

For young people, reporting crime can be a **difficult decision**. One way you can assist is to help the young person to detach themselves from the information – it's not about them but about the information they have.

When someone reports something to keep others safe, whether to a trusted adult, the police or Fearless.org, they are being an **active bystander**.

It is important to **change the narrative** of crime reporting when talking to young people. They are not being a snitch; they are helping make their community, friends and family safe. They are creating a safer place for everyone to live. They will not need to speak to the police, they will not need to go to court, and no one will know they have made a report.

Being an active bystander - The 5 D's

Becoming an active bystander is not easy.

We might feel embarrassed to say something in public, we might fear repercussions or simply think that someone else will step in, and these feelings are common.

In fact, if more people are around, it is less likely that someone will intervene.

Having a choice of options can make it that bit easier to help others and ourselves.

Below are some ways to intervene in any situation you where you as the bystander have seen a problem:



Direct

We can directly intervene in a situation, but we should only do so if it is safe and we don't put ourselves at risk. In an emergency, always call 999.



Distract

Interrupting, starting a conversation or coming up with ways to get a victim out of a situation could all be forms of distraction. This can give us time to talk.



Delegate

Speak with your friends. Work out what to do together. Or speak to someone you trust who may be better equipped to deal with the situation. Contact the Police on 101 or report it to Fearless.org



Document

In some situations this may be the only option. Make a note of or record what's happened. This can help explain to others why you are concerned.



Delay

Intervention can still be effective after the event or the next day. Sooner rather than later but better late than never.



Liverpool City Region & the Nightlife Safety Charter

What is being done to keep you safe?

Ask for Angela

If you feel unsafe or uncomfortable in a venue, speak to a staff member and “Ask for Angela.” It’s a discreet code that lets trained staff know you need help.

COOL IT

A behaviour awareness campaign designed to de-escalate tensions in nightlife settings and reduce anti-social behaviour, especially among young adults.

Positive Pathways

A support and mentoring programme for young people who may be vulnerable or at risk during nights out – helping you build awareness, confidence, and community.

Rainbow Taxi Rank

Located near Victoria Street, this safe taxi rank offers:

- Trained marshals
- CCTV coverage
- A safe, inclusive space – especially for LGBTQ+ individuals

Safety Pastors

Friendly volunteers who work late-night in the city offering:

- First aid and emotional support
- Water and flip-flops
- Help getting home safely

If you’re out and about, you’ll be able to spot the Safety Pastors in their purple high-vis jackets!

For many of our older students – especially those about to head off to University – the summer holidays will be a time heading into town for a concert, grabbing food after College, or enjoying their first nights out with friends.

In this edition of the safeguarding newsletter, we’re spotlighting Liverpool’s Nightlife Safety Charter—a city-wide commitment to making nightlife safer for everyone, especially young people

Liverpool Nightlife – What’s the Nightlife Safety Charter All About?

Liverpool is famous for its vibrant nightlife, from gigs and festivals to clubs and cafés – but behind the scenes, there’s a powerful movement to make it safer. The Night Time Safety Charter is a voluntary initiative that supports the safety of anyone enjoying or working in the Night-Time Economy (NTE) between 6pm and 6am.

It complements the Purple Flag accreditation Liverpool holds – an award given to towns and cities that manage safe, vibrant nightlife.

The Nightlife Safety Charter – Key Aims:

- To create a safer environment in bars, clubs, and venues.
- To promote respect, inclusivity, and zero tolerance for harassment.
- To train staff to identify and handle vulnerable situations.
- To encourage everyone – staff, students, and locals – to speak up when something doesn’t feel right.

The Charter Offers:

- Guidance on staff training, how to report harassment, and support culture change.
- Recommendations for ensuring public spaces are safe and reporting routes are clear.
- Open to all night-time businesses, including shops, hotels, gyms, and leisure centres.