

Material delivered in Personal Development carousels						
	Year 7	Year 8	Year 9	Year 10	Year 11	Sixth Form
	Key Themes	Key Themes	Key Themes	Key Themes	Key Themes	Key Themes
RSHE	<p>Ten:Ten</p> <ul style="list-style-type: none"> Who am I? Changing Bodies Healthy Inside and Outself. Where we come from. My life on screen. <p>-----</p> <p>Alcohol, vaping and Drugs Education</p>	<p>Ten:Ten</p> <ul style="list-style-type: none"> Created and chosen. Appreciating differences Feelings Before I was born. Think before you share. Wider world. <p>-----</p> <p>Alcohol, vaping and Drugs Education Violence Prevention Programme</p>	<p>Ten:Ten</p> <ul style="list-style-type: none"> In Control of my choices Knowing my rights and responsibilities <p>-----</p> <p>Keeping safe online Managing Mental Health Alcohol, vaping and Drugs Education</p>	<p>Ten:Ten</p> <ul style="list-style-type: none"> Pregnancy and abortion. Abuse Solidarity (inc. FGM) <p>-----</p> <p>Mental Health:Coping with anxiety. Healthy eating. Exercise and diet, eating disorders. Knife Crime. Influence of drugs and alcohol. Respect for women. Alcohol, Vaping and Drugs Education</p>	<p>Ten:Ten</p> <ul style="list-style-type: none"> Coercive control Self-worth Addiction Pornography <p>-----</p> <p>Education Health and prevention of illness. Physical fitness. Basic First Aid Alcohol, Vaping and Drugs Education</p>	<p>Ten:Ten</p> <p>-----</p> <p>Healthy Lifestyle E Safety – Avoiding Scammers. Men’s Mental Health Awareness. Drink Drug Driving Dealing with Stress Mindfulness</p>
Citizenshi	<p>British Values. Democracy, Tolerance Respect and the Rule of Law. Diversity and the Equality Act 2010. Radicalisation and Prevent. Different types of political system, hard power and soft power.</p>	<p>British Values. Legal rights. Civil liberties, due process of law. Diversity and the Equality Act 2010. Radicalisation and Extremism. Legal rights. Civil liberties, due process of law.</p>	<p>British Values. Diversity and the Equality Act 2010. Radicalisation and Prevent. Political parties and Parliamentary Government.</p>	<p>British Values. Diversity and the Equality Act 2010. Radicalisation and Extremism. Pressure Groups – interest groups, cause groups, methods used by pressure groups. How do we hold decision makers to account?</p>	<p>British Values. Diversity and the Equality Act 2010. Radicalisation and Extremism. Energy and Politics Citizenship and Human Rights.</p>	<p>British Values The importance of democracy Climate Change: How natural are natural disasters?</p>

Career	Careers Pathways, Careers Provision at the College, Introducing Jobs and Careers	Analysing strengths and weaknesses, skills health check, investigating career pathway	Exploring Careers Pathways, Careers Planning and Networking.	Work Experience Careers will be delivered weekly through a Computer Science lesson with careers themes.	Curriculum Vitae, letters of application, preparing for mock interviews	Creating a strong UCAS Application
Economic Awareness	Money matters and budgeting.	Bank accounts, budgeting, household expenditure	Marketing Exercise delivered by Nat West	Money Matters and debt Economic Awareness Day – Capital Choices	Taxation and Public Expenditure	Personal Finance