



Personal Development: Curriculum Map 2023-24

Carousel of Personal Development						
	Year 7	Year 8	Year 9	Year 10	Year 11	Sixth Form
	Key Themes	Key Themes	Key Themes	Key Themes	Key Themes	Key Themes
RSHE	Who am I? Changing Bodies – puberty. Healthy Inside and Out –self-esteem. Life cycles - Where we come from? Life on screen.	Created and chosen. Appreciating differences – my body. Feelings – managing sexual feelings. Before I was born. Impact of obsessive behaviours. Tough relationships. Think before you share. Wider world.	In Control of my choices – emotional wellbeing. 100% - Consent. Knowing my rights and responsibilities – sexual exploitation & human rights. Keeping safe online. Mental Health	Pregnancy and abortion. Keeping safe - abuse. Solidarity and living in peace. Coping with anxiety. Healthy eating. Exercise and diet. Knife Crime. Influence of drugs and alcohol. Respect for women.	Self-worth. Addiction. Pornography. Health and prevention of illness. Physical fitness. Basic First Aid. Drugs, alcohol and consent.	Healthy Lifestyle E Safety – Avoiding Scammers. Men’s Mental Health Awareness. Drink Drug Driving Sexual Health/unplanned pregnancy, STIs, Coercive Control Dealing with Stress Mindfulness
Citizenship	British Values. Different types of political system, hard power and soft power.	British Values. Legal rights. Civil liberties, due process of law.	British Values. Faith, Immigration and Tolerance	British Values. Pressure Groups – interest groups, cause groups, methods used by pressure groups.	British Values. Energy and Politics Citizenship and Human Rights. Media Influence and Diversity in the UK.	British Values The importance of democracy Climate Change: How natural are natural disasters?
Careers	Careers, living in the wider world.	Careers & work.	Careers, job applications.	Work Experience – making a choice, how to behave in work.	What are the different forms of apprenticeship? Work and applications including Saturday jobs. Merseyside Career Opportunities. Budgeting and household bills. Bank accounts and cashflow.	Curriculum Vitae Avoiding procrastination. UCAS
Economic Awareness	Money matters and budgeting.	Bank accounts, budgeting, household expenditure	Cost of Living Crisis (Delivered in Form Times)	Money Matters and Debt Cost of Living Crisis (Delivered in Form Times)	Cost of Living Crisis (Delivered in Form Times)	Personal Finance



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Key Assemblies and Activities

Year 7	Year 8	Year 9	Year 10	Year 11	Sixth Form
• Human Rights and the UN.	• Human Rights and the UN.	• Human Rights and the UN.	• Human Rights and the UN.	• Human Rights and the UN.	•
• Kooth	• Blues Assembly	• Blues Assembly	• Mental Health Guest Speaker	• Mental Health Guest Speaker	•
• Lockdown Assembly	• Lockdown Assembly	• Lockdown Assembly	• Lockdown Assembly	• Lockdown Assembly	•
•	•	•	•	• Hate Crime Assembly	•
• Firework safety assembly	• Firework safety assembly	• Firework safety assembly	• Firework safety assembly	• Firework safety assembly	•
			• Study Skills	• Study Skills	•
• Black History Month	• Black History Month	• Black History Month	• Black History Month	• Black History Month	•
• Antbullying	• Antbullying	• Antbullying	• Antbullying	• Antbullying	•
• Elections and Political Parties (Years 7 -11)	• Elections and Political Parties (Years 7 -11)	• Elections and Political Parties (Years 7 -11)	• Elections and Political Parties (Years 7 -11)	• Elections and Political Parties (Years 7 -11)	•
• British Political Issues	• British Political Issues	• British Political Issues	• British Political Issues	• British Political Issues	•
• War and Remembrance	• War and Remembrance	• War and Remembrance	• War and Remembrance	• War and Remembrance	•
• Civil liberties, the Rule of Law including the Equality Act 2010 + Protected Characteristics	• Civil liberties, the Rule of Law including the Equality Act 2010 + Protected Characteristics	• Civil liberties, the Rule of Law including the Equality Act 2010 + Protected Characteristics	• Civil liberties, the Rule of Law including the Equality Act 2010 + Protected Characteristics	• Civil liberties, the Rule of Law including the Equality Act 2010 + Protected Characteristics	•
• Holocaust Memorial Day	• Holocaust Memorial Day	• Holocaust Memorial Day	• Holocaust Memorial Day	• Holocaust Memorial Day	•
•	•	•	• Careers – Apprenticeships	• Careers – Apprenticeships	•
• Radicalisation & Prevent	• Radicalisation & Prevent	• Radicalisation & Prevent	• Radicalisation & Prevent	• Radicalisation & Prevent	•
•	•	•	• Work and applications including Saturday Jobs	• Work and Applications including Saturday Jobs	•
•	•	• Cost of Living Crisis	• Cost of Living Crisis	• Cost of Living Crisis	•