



KEY STAGE 3 – YEAR 9 – GAMES

CURRICULUM MAP

| Autumn Term | | Spring Term | | Summer Term | |
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| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Key Themes | Key Themes | Key Themes | Key Themes | Key Themes | Key Themes |
| Key themes will be taught in the 6 week block dependent on pupil experience ability and progression and not necessarily in order. Sessions may combine elements of combination. | | | | | |
| Rugby Union 1. Ball Familiarisation 2. Passing and Retrieving 3. Beating Opponents/ Attacking Play 4. Tackling 5. Rucking 6. Scrums (3/5/8 Man) 7. Assessment and setting | Rugby Union 1. Recap passing & refine handling skills 2. Tactical Play 3. Mauling 4. Scrums (3/5/8 man) 5. Develop tackling technique 6. Assessment | Rugby Union 1. Recap passing & refine handling skills 2. Tactical Play 3. Mauling 4. Scrums. (3/5/8 man) 5. Develop tackling technique 6. Assessment | Transition half term Summer sports start at end of 7s season, usually last two/three of half term Rugby/Hockey CC Start of Summer sports Rugby, Hockey, CC on the left Cricket, Athletics on the Right | Cricket 1) Ball familiarisation/catching/ Fielding 2) Bowling basic bowling technique. 3) Batting -basic batting grip + drive technique. 4) Batting - Hit to leg 5) Game situations/basic strategies 6) Batting calls/basic field placement. 7) Pull Shot 8) Cut shot 9) On Drive 10) Spin/Swing Bowling 11) Bowling-run up development 12) Netting 13) Cricket Games Hard, Soft, Pairs, Kwik 14) Assessment | Cricket 1) Ball familiarisation/catching/ Fielding 2) Bowling 3) basic bowling technique. 4) Batting -basic batting grip + drive technique. 5) Batting - Hit to leg 6) Game situations/basic strategies 7) Batting calls/basic field placement. 8) Pull Shot 9) Cut shot 10) On Drive 11) Spin/Swing Bowling 12) Bowling-run up development 13) Netting 14) Cricket Games 15) Hard, Soft, Pairs, Kwik 16) Assessment |
| Hockey 1. Dribbling & movement with the ball 2. Dodging a. Dodging: simple dodge, non-stick and stick side and double dodge. | Hockey 1. Dribbling & movement with the ball 2. Dodging a. Dodging: simple dodge, non-stick and stick side and double dodge. 3. Defending/block tackle/jab tackle understand | Hockey 1. Dribbling & movement with the ball 2. Dodging a. Dodging: simple dodge, non-stick and stick side and double dodge. 3. Defending/block tackle/jab tackle understand | | Athletics 1. Introduce running style (100/200/400m) To be able to perform the basic technique for an effective sprint race. | Athletics 1. Introduce running style (100/200/400m) To be able to perform the basic technique for an effective sprint race. 2. Introduce pace running – 800m/1500m |



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| <p>3. Defending/block tackle/jab tackle understand when to use the correct tackle in a game.</p> <p>4. Core and Advanced Skills</p> <p>a. The Slap, Strike or Push pass (Emphasis on passing).</p> <p>b. Reverse and Scoop passes. Reverse stick shooting.</p> <p>5. Rolling out.</p> <p>6. Penalty and Open play Flick and Ariel skills</p> <p>7. Shooting / Striking</p> <p>8. Creation of space/attacking principles</p> <p>9. Shooting/set plays</p> <p>10. Short/Long Corner – perform, develop strategies, understanding</p> <p>11. Positioning/formations To know and understand the basic positions in hockey + associated roles.</p> <p>12. To understand the fitness needs of hockey players.</p> <p>13. Rules and Regulations To understand and know the rules and regulations regarding scoring, fouls, and pitch markings.</p> <p>14. Assessment</p> <p>15. Further development - Inter house/form hockey comp.</p> | <p>when to use the correct tackle in a game.</p> <p>4. Core and Advanced Skills</p> <p>a. The Slap, Strike or Push pass (Emphasis on passing).</p> <p>b. Reverse and Scoop passes. Reverse stick shooting.</p> <p>5. Rolling out.</p> <p>6. Penalty and Open play Flick and Ariel skills</p> <p>7. Shooting / Striking</p> <p>8. Creation of space/attacking principles</p> <p>9. Shooting/set plays</p> <p>10. Short/Long Corner – perform, develop strategies, understanding</p> <p>11. Positioning/formations To know and understand the basic positions in hockey + associated roles.</p> <p>12. To understand the fitness needs of hockey players.</p> <p>13. Rules and Regulations To understand and know the rules and regulations regarding scoring, fouls, and pitch markings.</p> <p>14. Assessment</p> <p>15. Further development - Inter house/form hockey comp.</p> | <p>when to use the correct tackle in a game.</p> <p>4. Core and Advanced Skills</p> <p>a. The Slap, Strike or Push pass (Emphasis on passing).</p> <p>b. Reverse and Scoop passes. Reverse stick shooting.</p> <p>5. Rolling out.</p> <p>6. Penalty and Open play Flick and Ariel skills</p> <p>7. Shooting / Striking</p> <p>8. Creation of space/attacking principles</p> <p>9. Shooting/set plays</p> <p>10. Short/Long Corner – perform, develop strategies, understanding</p> <p>11. Positioning/formations To know and understand the basic positions in hockey + associated roles.</p> <p>12. To understand the fitness needs of hockey players.</p> <p>13. Rules and Regulations To understand and know the rules and regulations regarding scoring, fouls, and pitch markings.</p> <p>14. Assessment</p> <p>15. Further development - Inter house/form hockey comp.</p> | | <p>2. Introduce pace running – 800m/1500m</p> <p>To accurately replicate basic technique for an effective paced race.</p> <p>3. Jumping- long jump/TJ</p> <p>To accurately replicate the technique for an effective long jump/TJ</p> <p>4. Throwing – shot putt</p> <p>5. Throwing - javelin</p> <p>6. Hurdles</p> <p>To accurately replicate an effective hurdling technique.</p> <p>7. Throwing- Discus</p> <p>8. Relay technique – baton exchange, correct hand change over</p> <p>9. Hammer</p> <p>10. Assessment in PE lessons, Fixtures, Sportsday</p> | <p>To accurately replicate basic technique for an effective paced race.</p> <p>3. Jumping- long jump/TJ</p> <p>To accurately replicate the technique for an effective long jump/TJ</p> <p>4. Throwing – shot putt</p> <p>5. Throwing - javelin</p> <p>6. Hurdles</p> <p>To accurately replicate an effective hurdling technique.</p> <p>7. Throwing- Discus</p> <p>8. Relay technique – baton exchange, correct hand change over</p> <p>9. Hammer</p> <p>10. Assessment in PE lessons, Fixtures, Sportsday</p> |
| <p>CC</p> <p>1. Importance of a warm-up/cool down</p> <p>2. Interval training flat</p> <p>3. Interval training hills</p> <p>4. Fartlek training</p> | <p>CC</p> <p>1. Importance of a warm-up/cool down</p> <p>2. Interval training flat</p> <p>3. Interval training hills</p> <p>4. Fartlek training</p> | <p>CC</p> <p>1. Importance of a warm-up/cool down</p> <p>2. Interval training flat</p> <p>3. Interval training hills</p> <p>4. Fartlek training</p> | | <p>Tennis</p> <p>1) Basic ground strokes To be able to demonstrate & use forehand and backhand shots in a rally.</p> <p>2) Outwitting opponents To be able to outwit opponents using learnt strokes and techniques.</p> | <p>Tennis</p> <p>1) Ground strokes/ Outwitting opponents To confidently outwit opponents using learnt strokes and techniques.</p> <p>2) Topspin</p> |



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| <p>5. Pace work</p> <p>6. Continuous training</p> | <p>5. Pace work</p> <p>6. Continuous training</p> | <p>5. Pace work</p> <p>6. Continuous training</p> | | <p>3) Backhand slice To accurately replicate the technique for a backhand slice.</p> <p>4) Volley To accurately replicate volley technique with accuracy & control.</p> <p>5) Serve development To perform and replicate a legal over arm tennis serve with control and timing.</p> <p>6) Assessment To demonstrate the ability to outwit an opponent in a match using the appropriate skills and shot selection.</p> | <p>To accurately replicate the technique for a forehand/ backhand topspin.</p> <p>3)Service development To accurately replicate an over arm tennis serve increasing power and placement.</p> <p>4)Lob/smash To accurately replicate lob & smash technique.</p> <p>5)Drop shot To accurately replicate the technique for a drop shot..</p> <p>6)Assessment To demonstrate the ability to outwit an opponent in a match using the appropriate skills and shot selection.</p> |
| <p>National curriculum element</p> <p>Rugby - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>CC - develop their technique and improve their performance in other competitive sports</p> | <p>National curriculum element</p> <p>Rugby - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>CC - develop their technique and improve their performance in other competitive sports</p> <p>Hockey - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> | <p>National curriculum element</p> <p>Rugby - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>CC - develop their technique and improve their performance in other competitive sports</p> <p>Hockey - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> | <p>National curriculum element</p> <p>Rugby - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>CC - develop their technique and improve their performance in other competitive sports</p> <p>Hockey - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> | <p>National curriculum element</p> <p>Cricket - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Athletics - develop their technique and improve their performance in other competitive sports</p> <p>Tennis - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> | <p>National curriculum element</p> <p>Cricket - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> <p>Athletics - develop their technique and improve their performance in other competitive sports</p> <p>Tennis - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games</p> |



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| Assessment / Composite Tasks | Assessment / Composite Tasks | Assessment / Composite Tasks | Assessment / Composite Tasks | Assessment / Composite Tasks | Assessment / Composite Tasks |
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| <p>Rugby Assessment</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. To accurately replicate actions and tactical sequences. To show their knowledge and understanding of the laws in rugby. Further development-Inter house/form rugby comp. | <p>Hockey</p> <p>Assessment – Skill Related Circuits</p> <ul style="list-style-type: none"> To demonstrate the ability to replicate skills learnt in the unit. The pupils are to demonstrate their knowledge and understanding of the techniques in hockey by assessing peers against technique sheets. <p>Assessment – Game Situation</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. The pupils are to demonstrate their knowledge and understanding of the rules in hockey + officiating. <p>Rugby Assessment</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. | <p>Hockey</p> <p>Assessment – Skill Related Circuits</p> <ul style="list-style-type: none"> To demonstrate the ability to replicate skills learnt in the unit. The pupils are to demonstrate their knowledge and understanding of the techniques in hockey by assessing peers against technique sheets. <p>Assessment – Game Situation</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. The pupils are to demonstrate their knowledge and understanding of the rules in hockey + officiating. <p>Rugby Assessment</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. | <p>Hockey</p> <p>Assessment – Skill Related Circuits</p> <ul style="list-style-type: none"> To demonstrate the ability to replicate skills learnt in the unit. The pupils are to demonstrate their knowledge and understanding of the techniques in hockey by assessing peers against technique sheets. <p>Assessment – Game Situation</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. The pupils are to demonstrate their knowledge and understanding of the rules in hockey + officiating. <p>Rugby Assessment</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. | <p>Athletics</p> <ul style="list-style-type: none"> To demonstrate an accurate replication of running, jumping and throwing techniques. To show an understanding of the rules for each event and the underlining principles of each. Teacher grades against the SAC assessment grades. Use scoring/recording of pupils distance and times to form an appropriate level <p>Cricket</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation use a range of techniques. The pupils are to develop their knowledge and understanding of the laws of cricket. To demonstrate a variety of tactics based on the placement of the ball in relation to fielders Teacher grades against the SAC assessment grades. Use scoring/recording of pupils eockets, runs, catches and stumpings to form an appropriate level <p>Tennis Assessment</p> | <p>Athletics</p> <ul style="list-style-type: none"> To demonstrate an accurate replication of running, jumping and throwing techniques. To show an understanding of the rules for each event and the underlining principles of each. Teacher grades against the SAC assessment grades. Use scoring/recording of pupils distance and times to form an appropriate level <p>Cricket</p> <ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation use a range of techniques. The pupils are to develop their knowledge and understanding of the laws of cricket. To demonstrate a variety of tactics based on the placement of the ball in relation to fielders Teacher grades against the SAC assessment grades. Use scoring/recording of pupils eockets, runs, catches and stumpings to form an appropriate level <p>Tennis Assessment</p> |
| <p>CC Assessment</p> <ul style="list-style-type: none"> Apply techniques and skills with consistency and quality in familiar environments and with some success in unfamiliar ones; accept the challenge they are presented with and understand how to improve their performance. Know how to prepare for and recover from endurance running. Be able to confidently describe the long term effects of exercise on the body. Show the ability to actively compete in activities aimed to improve cardiovascular fitness, seeking to improve performance. Actively participate in a warm-up session explaining the reasons for each of the exercises, | | | | | |



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| <p>including muscle groups and injury avoidance.</p> <ul style="list-style-type: none"> • Competed on a regular basis for the College outside of School time. | <ul style="list-style-type: none"> • To accurately replicate actions and tactical sequences. • To show their knowledge and understanding of the laws in rugby. • Further development- Inter house/form rugby comp. <p>CC Assessment</p> <ul style="list-style-type: none"> • Apply techniques and skills with consistency and quality in familiar environments and with some success in unfamiliar ones; • accept the challenge they are presented with and understand how to improve their performance. • Know how to prepare for and recover from endurance running. • Be able to confidently describe the long term effects of exercise on the body. • Show the ability to actively compete in activities aimed to improve cardiovascular fitness, seeking to improve performance. • Actively participate in a warm-up session explaining the reasons for each of the exercises, including muscle groups and injury avoidance • Competed on a regular basis for the College outside of School time | <ul style="list-style-type: none"> • To accurately replicate actions and tactical sequences. • To show their knowledge and understanding of the laws in rugby. • Further development- Inter house/form rugby comp. <p>CC Assessment</p> <ul style="list-style-type: none"> • Apply techniques and skills with consistency and quality in familiar environments and with some success in unfamiliar ones; • accept the challenge they are presented with and understand how to improve their performance. • Know how to prepare for and recover from endurance running. • Be able to confidently describe the long term effects of exercise on the body. • Show the ability to actively compete in activities aimed to improve cardiovascular fitness, seeking to improve performance. • Actively participate in a warm-up session explaining the reasons for each of the exercises, including muscle groups and injury avoidance • Competed on a regular basis for the College outside of School time | <ul style="list-style-type: none"> • To accurately replicate actions and tactical sequences. • To show their knowledge and understanding of the laws in rugby. • Further development- Inter house/form rugby comp. <p>CC Assessment</p> <ul style="list-style-type: none"> • Apply techniques and skills with consistency and quality in familiar environments and with some success in unfamiliar ones; • accept the challenge they are presented with and understand how to improve their performance. • Know how to prepare for and recover from endurance running. • Be able to confidently describe the long term effects of exercise on the body. • Show the ability to actively compete in activities aimed to improve cardiovascular fitness, seeking to improve performance. • Actively participate in a warm-up session explaining the reasons for each of the exercises, including muscle groups and injury avoidance • Competed on a regular basis for the College outside of School time | <ul style="list-style-type: none"> • To demonstrate the ability to outwit an opponent in a match using the appropriate skills and shot selection. • The pupils are to demonstrate their knowledge and understanding of the rules in tennis. • To demonstrate a variety of tactics based on the movements of others. | <ul style="list-style-type: none"> • To demonstrate the ability to outwit an opponent in a match using the appropriate skills and shot selection. • The pupils are to demonstrate their knowledge and understanding of the rules in tennis. • To demonstrate a variety of tactics based on the movements of others. |
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