



KEY STAGE 3 – YEAR 8 – PHYSICAL EDUCATION

CURRICULUM MAP

Autumn Term		Spring Term		Summer Term	
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Themes	Key Themes	Key Themes	Key Themes	Key Themes	Key Themes
Basketball <ol style="list-style-type: none"> 1) Develop Passing/Pivoting & Dribbling/Triple Threat 2) Attacking and outwitting an opponent 3) Defense – Defending Skills 4) Recap Shooting – set shot, lay up 5) Develop Shooting – jump shot 6) Assessment 	Gymnastics <ol style="list-style-type: none"> 1) Recap Balance – Individual/Partner work; Counter-Tension/Counter balance 2) Recap rotation 3) Inverted balance 4) Linking Counter balance, inverted balance and rotation into sequences 5) Vaulting – low level apparatus (beams); Intro to basic vaulting 6) Vaulting – apparatus 7) Assessment 	Badminton <ol style="list-style-type: none"> 1) Ready position 2) The clear 3) Smash shot & preparation 4) Disguised shots (drop shot/flick shot) 5) Doubles/singles game play 6) Assessment 	Athletics <ol style="list-style-type: none"> 1) Sprint running technique (100m) 2) (200m) 3) (400m) 4) Middle distance running 5) Long Jump 6) Throwing – Shot Putt 	Athletics <ol style="list-style-type: none"> 1) Throwing Javelin 2) High Jump 3) Discus 4) Triple Jump 5) Hurdles 6) Assessment 	Cricket <ol style="list-style-type: none"> 1) Fielding practice 2) Batting – Drive shot 3) Batting – Pull shot 4) Bowling – Run up development 5) Batting calls/basic field placement 6) Assessment
NC Aspect – Tactics and strategies in Team Games	NC Aspect – Improving Technique and performance in other sports	NC Aspect – Use a range of tactics and strategies to overcome opponents in direct competition through individual games	NC Aspect – Develop their technique and improve their performance in competitive sports	NC Aspect – Develop their technique and improve their performance in competitive sports	NC Aspect – Use a range of tactics and strategies to overcome opponents in direct competition through team games



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Assessment / Composite Tasks	Assessment / Composite Tasks	Assessment / Composite Tasks	Assessment / Composite Tasks	Assessment / Composite Tasks	Assessment / Composite Tasks
<ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. To accurately replicate actions and sequences To show their knowledge and understanding of the rules in basketball. Further development - Inter house/form basketball comp. 	<ul style="list-style-type: none"> Link skills to create simple routines for assessment of own and others work. To accurately replicate vaulting techniques over differentiated apparatus. To improve pupils appreciation of performance and ways of improving. To know their own KS3 level and ways of improving. 	<ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. To demonstrate knowledge and understanding of the rules. To know and use the different types of shots in Badminton. To demonstrate a variety of tactics based on the movements of others 	<ul style="list-style-type: none"> To demonstrate an accurate replication of running, jumping and throwing techniques. To show an understanding of the rules for each event and the underlining principles of each. 	<ul style="list-style-type: none"> To demonstrate an accurate replication of running, jumping and throwing techniques. To show an understanding of the rules for each event and the underlining principles of each. 	<ul style="list-style-type: none"> To demonstrate the ability to outwit an opponent in a game situation use a range of techniques. The pupils are to develop their knowledge and understanding of the laws of cricket. To demonstrate a variety of tactics based on the placement of the ball in relation to fielders.