

KEY STAGE 3 – YEAR 8 – GAMES

CURRICULUM MAP

Autumn Term		Spring Term		Summer Term	
Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Key Themes	Key Themes	Key Themes	Key Themes	Key Themes	Key Themes
Key themes will be taught in the	6 week block dependent on pupi	l experience ability and progress	sion and not necessarily in orde	er. Sessions my combine element	s of combination.
Rugby Union	Rugby Union	Rugby Union	Transition half term	Cricket	Cricket
 Ball Familiarisation Passing and Retrieving Beating Opponents/ Attacking Play Tackling Rucking Scrums (3/5 Man) Assessment and settling 	1.Recap passing & refine handling skills 2.Tactical Play 3.Mauling 4.Scrums (3/5 man) 5.Develop tackling technique 6.Assessment	 Recap passing & refine handling skills Tactical Play Mauling Scrums. (3/5 man) Develop tackling technique Assessment 	Summer sports start at end of 7s season, usually last two/three of half term Rugby/Hockey CC Start of Summer sports Rugby,Hockey,CC on the left Cricket, Athletics on the Right	1) Ballfamiliarisation/catching/ Fielding 2) Bowling basic bowling technique. 3) Batting -basic batting grip + drive technique. 4) Batting - Hit to leg 5) Game situations/basic strategies 6) Batting calls/basic field placement. 7) Pull Shot 8) Bowling-run up development 9) Netting 10) Wicketkeeping 11) Cricket Games Hard, Soft, Pairs, Kwik 12) Assessment	1) Ballfamiliarisation/catching/ Fielding 2) Bowling 3) basic bowling technique. 4) Batting -basic batting grip + drive technique. 5) Batting - Hit to leg 6) Game situations/basic strategies 7) Batting calls/basic field placement. 8) Pull Shot 9) Bowling-run up development 10) Netting 11) Wicketkeeping 12) Cricket Games 13) Hard, Soft, Pairs, Kwik 14) Assessment
Hockey 1. Dribbling & movement with the ball 2. Dodging a. Dodging: simple dodge, non-stick and stick side and double dodge. 3. Defending/block tackle/jab tackle understand when to use the correct tackle in a game. 4. Core and Advanced Skills a. The Slap, Strike or Push pass (Emphasis on passing).	Hockey 1. Dribbling & movement with the ball 2. Dodging a. Dodging: simple dodge, non-stick and stick side and double dodge. 3. Defending/block tackle/jab tackle understand when to use the correct tackle in a game. 4. Core and Advanced Skills	Hockey 1. Dribbling & movement with the ball 2. Dodging a. Dodging: simple dodge, non-stick and stick side and double dodge. 3. Defending/block tackle/jab tackle understand when to use the correct tackle in a game. 4. Core and Advanced Skills		Athletics 1.Introduce running style (100/200/400m) To be able to perform the basic technique for an effective sprint race. 2.Introduce pace running – 800m/1500m To accurately replicate basic technique for an effective paced race.	Athletics 1.Introduce running style (100/200/400m) To be able to perform the basic technique for an effective sprint race. 2.Introduce pace running – 800m/1500m To accurately replicate basic technique for an effective paced race. 3.Jumping- long jump/TJ



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3) (6)				
b. Reverse and Scoop	a. The Slap, Strike or	a. The Slap, Strike or	3.Jumping- long jump/TJ	To accurately replicate
passes. Reverse stick shooting.	Push pass (Emphasis on	Push pass (Emphasis on	To accurately replicate	the technique for an
5. Rolling out.	passing).	passing).	the technique for an	effective long jump/TJ
6. Penalty and Open play	b. Reverse and Scoop	b. Reverse and Scoop	effective long jump/TJ	4.Throwing – shot putt
Flick and Arial skills	passes. Reverse stick shooting.	passes. Reverse stick shooting.	4.Throwing – shot putt	5.Throwing - javelin
7. Shooting / Striking	5. Rolling out.	5. Rolling out.	5.Throwing - javelin	6.Hurdles
8. Creation of	6. Penalty and Open	6. Penalty and Open		To accurately replicate
space/attacking principles	play Flick and Arial skills	play Flick and Arial skills	6.Hurdles	
9. Shooting/set plays	7. Shooting / Striking	7. Shooting / Striking	To accurately replicate	an effective hurdling
10. Short/Long Corner –	8. Creation of	8. Creation of	an effective hurdling	technique.
perform, develop strategies,	space/attacking principles	space/attacking principles	technique.	7.Throwing- Discus
understanding	9. Shooting/set plays	9. Shooting/set plays	7.Throwing- Discus	8.Relay technique – baton
11. Positioning/formations	10. Short/Long Corner –	10. Short/Long Corner –	8.Relay technique – baton	exchange, correct hand change
To know and understand the basic	perform, develop strategies,	perform, develop strategies,	exchange, correct hand change	over
positions in hockey + associated	understanding	understanding	over	9.Hammer
roles.	11. Positioning/formations	11. Positioning/formations	9.Hammer	10. Assessment in PE lessons,
12. To understand the	To know and understand the	To know and understand the		·
fitness needs of hockey players.	basic positions in hockey +	basic positions in hockey +	10. Assessment in PE lessons,	Fixtures, Sportsday
13. Rules and Regulations	associated roles.	associated roles.	Fixtures, Sportsday	
To understand and know	12. To understand the	12. To understand the		
the rules and regulations regarding	fitness needs of hockey players.	fitness needs of hockey players.		
scoring, fouls, and pitch markings.	13. Rules and Regulations	13. Rules and Regulations		
14. Assessment	To understand and	To understand and		
15. Further development -	know the rules and regulations	know the rules and regulations		
Inter house/form hockey comp.	regarding scoring, fouls, and	regarding scoring, fouls, and pitch markings.		
	pitch markings. 14. Assessment	14. Assessment		
	15. Further development Inter house/form hockey	15. Further development - Inter house/form hockey		
	comp.	comp.		
	comp.	comp.		
CC	CC	CC		
1. Importance of a warm-	1. Importance of a	1. Importance of a		
up/cool down	warm-up/cool down	warm-up/cool down		
ар, состасит	maini up, cool ucilii	warm up, coor down		
2. Interval training flat	2. Interval training flat	2. Interval training flat		
2. Interval training flat	2. Interval training hat	2. Interval training hat		
3. Interval training hills	3. Interval training hills	3. Interval training hills		
and the state of t	and the state of t			
4. Fartlek training	4. Fartlek training	4. Fartlek training		
5. Pace work	5. Pace work	5. Pace work		
6. Continuous training	6. Continuous training	6. Continuous training		
o. Continuous training	o. Continuous training	o. Continuous training	L	



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National curriculum element	National curriculum element	National curriculum element	National curriculum element	National curriculum element	National curriculum element
Rugby - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games CC - develop their technique and improve their performance in other competitive sports	Rugby - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games CC - develop their technique and improve their performance in other competitive sports Hockey - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	Rugby - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games CC - develop their technique and improve their performance in other competitive sports Hockey - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	Rugby - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games CC - develop their technique and improve their performance in other competitive sports Hockey - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games	Cricket - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games Athletics - develop their technique and improve their performance in other competitive sports	Cricket - use a range of tactics and strategies to overcome opponents in direct competition through team and individual games Athletics - develop their technique and improve their performance in other competitive sports
Assessment /	Assessment /	Assessment /	Assessment /	Assessment /	Assessment /
Rugby Assessment To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques. To accurately replicate actions and tactical sequences. To show their knowledge and understanding of the laws in rugby. Further development-Inter house/form rugby comp.	Composite Tasks Hockey Assessment – Skill Related Circuits To demonstrate the ability to replicate skills learnt in the unit. The pupils are to demonstrate their knowledge and understanding of the techniques in hockey by assessing peers against technique sheets.	Composite Tasks Hockey Assessment – Skill Related Circuits To demonstrate the ability to replicate skills learnt in the unit. The pupils are to demonstrate their knowledge and understanding of the techniques in hockey by assessing peers against technique sheets.	Composite Tasks Hockey Assessment – Skill Related Circuits To demonstrate the ability to replicate skills learnt in the unit. The pupils are to demonstrate their knowledge and understanding of the techniques in hockey by assessing peers against technique sheets.	To demonstrate an accurate replication of running, jumping and throwing techniques. To show an understanding of the rules for each event and the underlining principles of each. Teacher grades against the SAC assessment grades. Use scoring/recording of pupils distance and times to form an appropriate level	Composite Tasks Athletics To demonstrate an accurate replication of running, jumping and throwing techniques. To show an understanding of the rules for each event and the underlining principles of each. Teacher grades against the SAC assessment grades. Use scoring/recording of pupils distance and times to form an appropriate level
CC Assessment • Apply techniques and skills with consistency and quality in familiar	Assessment – Game Situation To demonstrate the ability to outwit an opponent in a game	Assessment – Game Situation To demonstrate the ability to outwit an opponent in a game	Assessment – Game Situation To demonstrate the ability to outwit an opponent in a game	 To demonstrate the ability to outwit an opponent in a game situation use a range of 	To demonstrate the ability to outwit an opponent in a game situation use a range of
environments and with some success in unfamiliar ones;	situation using the	situation using the	situation using the	techniques.	techniques.



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- accept the challenge they are presented with and understand how to improve their performance.
- Know how to prepare for and recover from endurance running.
- Be able to confidently describe the long term effects of exercise on the body.
- Show the ability to actively compete in activities aimed to improve cardiovascular fitness, seeking to improve performance.
- Actively participate in a warm-up session explaining the reasons for each of the exercises, including muscle groups and injury avoidance.
- Competed on a regular basis for the College outside of School time.

appropriate skills and techniques.

 The pupils are to demonstrate their knowledge and understanding of the rules in hockey + officiating.

Rugby Assessment

- To demonstrate the ability to outwit an opponent in a game situation using the appropriate skills and techniques.
- To accurately replicate actions and tactical sequences.
- To show their knowledge and understanding of the laws in rugby.
- Further development-Inter house/form rugby comp.

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CC Assessment

- Apply techniques and skills with consistency and quality in familiar environments and with some success in unfamiliar ones;
- accept the challenge they are presented with and understand how to improve their performance.

- The pupils are to develop their knowledge and understanding of the laws of cricket.
- To demonstrate a variety of tactics based on the placement of the ball in relation to fielders
- Teacher grades against the SAC assessment grades.
- Use scoring/recording of pupils eockets, runs, catches and stumpings to form an appropriate level

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